

# JULY 2024 LIFESTYLE CALENDAR



EVA TILLEY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>1</b> 10-4 Resident 1:1 11.00 Bingo 1.30 Art/Craft 2.30 Gentle Exercises 3.30 Happy Hour 5.30 Social Group	<b>2</b> 10-4 Resident 1:1 11.00 Ladies Reminiscing Group 1.00 Coffee Club 5.30 Social Group	<b>3</b> 10-4 Resident 1:1 10.45 Catholic Church 1.00 Coffee Club 1.30 Social Group and Pancakes Level 1 5.30 Social Group	<b>4</b> 10-4 Resident 1:1 11.0 Protestant Church 1.30 Knitting/Craft 2.00 Men's Shed 3.45 Choir 5.30 Social Group	<b>5</b> 10-4 Resident 1:1 10.15 Artworks 11.00 Gentle Exercises 1.30 Art/Craft 2.00 Music Therapy 2.30 Quiz/ Word Game 3.30 Happy Hour	<b>6</b> All day 1:1 Visits 2.30 Documentary/ Movie 2.45 Bingo 5.30 Social Group	<b>7</b> All day 1:1 Visits 11.00 Kiosk Open 2:30 Documentary/ Movie 3.15 Walks, Games 5.30 Social Group
<b>8</b> 11.00 Bingo 1.30 Art/Craft 1.30 <b>Greek Social Group/Afternoon Tea</b> 1.30 Art/Craft 2.30 Gentle Exercises 3.30 Happy Hour	<b>9</b> 10-4 Resident 1:1 10.30 <b>Italian Social Group/Morning Tea</b> 1.00 Coffee Club 5.30 Social Group	<b>10</b> 10-4 Resident 1:1 10.45 Catholic Church 1.00 Coffee Club 2.00 <b>Winter Bus Drive</b> 5.30 Social Group	<b>11</b> 10-4 Resident 1:1 11.0 Protestant Church 1.30 Knitting/Craft 2.00 Men's Shed 3.45 Choir 5.30 Social Group	<b>12</b> 10-4 Resident 1:1 10.15 Artworks 11.00 Gentle Exercises 1.30 Art/Craft 2.00 Music Therapy 2.30 Quiz/ Word Game 3.30 Happy Hour	<b>13</b> All day 1:1 Visits 2:30 Documentary/ Movie 2.45 Bingo 5.30 Social Group	<b>14 Bastille Day</b> All day 1:1 Visits 11.00 Kiosk Open 2:30 Documentary/ Movie 3.15 Walks, Games 5.30 Social Group
<b>15</b> 10-4 Resident 1:1 11.00 Bingo 1.30 Art/Craft 2.30 Gentle Exercises 3.30 Happy Hour 5.30 Social Group	<b>16</b> 10-4 Resident 1:1 11.00 Ladies Reminiscing Group 1.00 Coffee Club 2.00 <b>Birthday Afternoon Tea and Concert</b> 5.30 Social Group	<b>17</b> 10-4 Resident 1:1 10.45 Catholic Church 1.00 Coffee Club and Pancakes 5.30 Social Group	<b>18</b> 10-4 Resident 1:1 10.15 Pre-School Outing 11.00 Protestant Church 1.30 Knitting/Craft 2.00 Men's Shed 3.45 Choir 5.30 Social Group	<b>19</b> 10-4 Resident 1:1 10.15 Artworks 11.00 Gentle Exercises <b>Bastille Day Lunch 1.30 Concert</b> 2.00 Music Therapy 3.30 Happy Hour	<b>20</b> All day 1:1 Visits 2:30 Documentary/ Movie 2.45 Bingo 5.30 Social Group	<b>21</b> All day 1:1 Visits 11.00 Kiosk Open 2:30 Documentary/ Movie 3.15 Walks, Games 5.30 Social Group
<b>22</b> 10-4 Resident 1:1 11.00 Bingo 1.30 Art/Craft 2.30 Gentle Exercises 5.30 Social Group	<b>23</b> 10-4 Resident 1:1 11.00 Ladies Reminiscing Group 1.00 Coffee Club 3.30 <b>History Talk</b> 5.30 Social Group	<b>24</b> 10-4 Resident 1:1 10.45 Catholic Church 1.00 Coffee Club 5.30 Social Group	<b>25</b> 10-4 Resident 1:1 11.0 Protestant Church <b>11.00 Lunch Outing</b> 1.30 Knitting/Craft 3.00 Men's Shed 5.30 Social Group	<b>26</b> 10-4 Resident 1:1 10.15 Artworks 11.00 Gentle Exercises 1.30 Art/Craft 2.00 Music Therapy 3.30 Happy Hour	<b>27</b> All day 1:1 Visits 2.30 Documentary/ Movie 2.45 Bingo 5.30 Social Group	<b>28</b> All day 1:1 Visits 11.00 Kiosk Open 2:30 Dog Visits 3.15 Walks, Games 5.30 Social Group
<b>29</b> 10-4 Resident 1:1 11.00 Bingo 1.30 <b>Greek Social Group/Afternoon Tea</b> 1.30 Art/Craft 2.30 Gentle Exercises 3.30 Happy Hour	<b>30</b> 10-4 Resident 1:1 10.30 <b>Italian Social Group/Morning Tea</b> 1.00 Coffee Club 1.30 <b>New Resident Afternoon Tea</b> 5.30 Social Group	<b>31</b> 10-4 Resident 1:1 10.45 Catholic Church 1.00 Coffee Club 1.00 <b>Shopping Outing</b> 5.30 Social Group	Kiosk and Café open Tuesday, and Wednesday, 11.00-3.30  Hairdressing Services Available each Friday Please make a booking with Reception			