

NOVEMBER 2023 LIFESTYLE CALENDAR



EVA TILLEY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 10-4 Resident 1:1 10.45 Catholic Church 2.00 Coffee Club 5.45 Social Group	2 10-4 Resident 1:1 10.30 Malin Friends 11.0 Protestant Church 1.30 Knitting Group 2.00 Men's Group 3.30 Choir 5.45 Social Group	3 10-4 Resident 1:1 11.00 Gentle Exercises 1.30 Art Group 2.30 Quiz/ Word Game 3.30 Happy Hour	4 All day 1:1 Visits 2.30 Documentary/ Movie 3.30 Bingo 5.45- Social Group	5 All day 1:1 Visits 2:30 Documentary/ Movie 3.15 Walks, Games, 5.45- Social Group
6 11.00 Bingo 12.00 Melbourne Cup Celebration Lunch 2.00 Concert 3.15 Gentle Exercises 3.30 Happy Hour 5.45 Social Group	7 MELBOURNE CUP PUBLIC HOLIDAY	8 10-4 Resident 1:1 10.45 Catholic Church 1.00 Coffee Club and Pancakes 1.00 Poetry Group 5.45 Social Group	9 10-4 Resident 1:1 11.0 Protestant Church 12.00 Lunch Outing 1.30 Knitting Group 2.00 Men's Group 3.30 Choir	10 10-4 Resident 1:1 10.15 Artworks 11.00 Gentle Exercises 1.30 Art Group 2.00 Music Therapy 2.30 Quiz/ Word Game 3.30 Happy Hour	11 REMEMBRANCE DAY All day 1:1 Visits 2:30 Documentary/ Movie 3.30 Bingo 5.45- Social Group	12 All day 1:1 Visits 2:30 Documentary/ Movie 3.15 Walks, Games, 5.45- Social Group
13 10-4 Resident 1:1 11.00 Bingo 1.30 Art Group 2.15 Gentle Exercises 3.30 Happy Hour	14 10-4 Resident 1:1 11.00 Ladies Reminiscing Group 1.00 Coffee Club 2.00 New Resident Afternoon Tea 5.45 Social Group	15 10-4 Resident 1:1 10.45 Catholic Church 1.00 Coffee Club 1.00 Gardening Group 5.45 Social Group	16 10-4 Resident 1:1 10.30 Malin Friends 11.0 Protestant Church 1.30 Knitting Group 3.00 Men's Group 3.45 Choir	17 10-4 Resident 1:1 10.15 Artworks 11.00 Gentle Exercises 1.30 Art Group 2.00 Music Therapy 2.30 Quiz/ Word Game 3.30 Happy Hour	18 All day 1:1 Visits 2:30 Documentary/ Movie 3.30 Bingo 5.45- Social Group	19 All day 1:1 Visits 2:30 Documentary/ Movie 3.15 Pet Therapy with Celina 5.45- Social Group
20 10-4 Resident 1:1 11.00 Bingo 1.30 Art Group 2.15 Gentle Exercises 5.45 Social Group	21 10-4 Resident 1:1 11.00 Live Music Concert Outing Kew 1.00 Coffee Club 2.00 Birthday Concert and Afternoon Tea 5.45 Social Group	22 10-4 Resident 1:1 10.45 Catholic Church 1.00 Coffee Club 1.00 Poetry Group 5.45 Social Group	23 10-4 Resident 1:1 11.0 Protestant Church 1.30 Knitting Group 2.00 Men's Group 3.30 Choir 5.45 Social Group	24 10-4 Resident 1:1 10.15 Artworks 11.00 Gentle Exercises 1.30 Art Group 2.00 Music Therapy 2.00 Concert 3.30 Happy Hour	25 All day 1:1 Visits 2.30 Documentary/ Movie 3.30 Bingo 5.45- Social Group	26 All day 1:1 Visits 2:30 Documentary/ Movie 3.15 Walks, Games 5.45- Social Group
27 10-4 Resident 1:1 11.00 Bingo 1.30 Art Group 1.30 Greek Social Group/Afternoon Tea 2.15 Gentle Exercises 3.30 Happy Hour 5.45 Social Group	28 10-4 Resident 1:1 11.00 Italian Social Group/Morning Tea 1.00 Coffee Club 3.30 History Talk 5.45 Social Group	29 10-4 Resident 1:1 10.45 Catholic Church 1.45 Social Group and Pancakes Level 1 2.00 Shopping Outing 5.45 Social Group	30 10-4 Resident 1:1 10.30 Malin Friends 11.0 Protestant Church 1.30 Knitting Group 2.00 Men's Group 3.30 Choir 5.45 Social Group	Kiosk and Café open Tuesday and Wednesday 11.00-3.30 Hairdressing Services Available each Friday Please make a booking with Reception		

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